

*Always do right. This will gratify some people and astonish the rest.*

- Mark Twain

## Prepare YOURSELF for the New Year!

Start your New Year by educating yourself on

MORE ways for you to stay

**IN CONTROL, INDEPENDENT and SELF-SUFFICIENT!**

Join us for an informative free seminar featuring expert speakers on **AGING INDEPENDENTLY!**



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Tuesday, January 31<sup>st</sup>, 2012

12pm-2pm

**Salem Council on Aging**

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